



Pagdiriwang ng Buwan ng Wika

ni Ronnel P. Dimaala, LPT, MPA | Komite ng Special Events

Ang Philippine Children's Medical Center (PCMC), sa pangunguna ng Komite ng Special Events, ay nakiisa sa pagdiriwang ng Buwan ng Wikang Filipino alinsunod sa itinakdang Proklamasyon Bilang 1041 s. 1997 na nagpapahayag ng taunang Buwan ng Wikang Pambansa at Nasyonalismo tuwing ika-1 hanggang ika-31 ng Agosto sa pamamagitan ng ng paligsahan sa paglikha ng tula.

Ang paggamit ng sariling wika ay tinuturing na isang mabisang paraan upang maipahayag at maiparating ang mensahe at layunin ng ating trabaho sa mga mamamayan. Ito rin ay upang patuloy na pagtibayin ang layuning makamit ang higit na mabuti at makabuluhang programa para sa lahat ng kabataang Pilipino.

Ang layunin ng nasabing paligsahan na may temang "PCMC SA MAKABAGONG PANAHOON" ay ang maipahayag ang kahalagahan ng wika bilang mahalagang kasangkapan tungo sa pagiging tunay na Pilipino at pagkakaroon ng diwang makabayan. Bukod dito, nais rin ng paligsahan na ito ang mahikayat at mabigyan ng pagkakataon ang lahat ng empleyado ng PCMC, opisyaes nito, at ang mga *outsourced personnel* na linangin at maipamalas ang kani-kaniyang taglay na galing, talino, at talento sa larangan ng wika. Ang mga tula na ibinahagi ng mga kalahok ay nagpahayag ng mensahe na ang PCMC ay nananatiling matibay sa kabila ng naranasang pandemya patungo sa bagong normal na pamumuhay.

Ang mga tula ay dapat naayon sa mga mekaniks na ibinigay ng komite. Ang mga likha ay sinuri ng limang inampalan (hukom) mula sa iba't ibang departamento na pinili at inaprubahan ng komite ng *Special Events* at ng punong tagapamahala ng anibersaryo. Ang mga pangalan ng mga kalahok ay hindi isiniwalat sa mga hukom hanggang sa opisyal na matukoy ang mga nanalo.

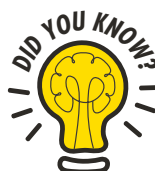
Ang mga pangalan ng mga nanalo ay nilahad at binigyan ng premyo nung ika-5 ng Setyembre sa Seremonya ng Bandila. Maliban sa paglathala sa Tambuli, ang nangunang likha ay ilalathala rin sa PCMC Official Facebook page.

Ang Komite ng Special Events ay nakatanggap ng labinlimang likha na nagmula sa iba't ibang departamento ng PCMC. At pagkatapos ng isang buwan ay nakilala ang mga empleyadong nagpamalas ng kanilang kagalingan sa nasabing paligsahan. Ito ay ang mga sumusunod:

Puwesto	Titulo	Pangalan ng Empleyado
Una	Iisang Laban para sa Kalusugan ng Kabataan	Meril M. Pangilinan (Nursing Service)
Ikalawa	Kaagapay	Arturo L. Paghubasan, Jr. (Radiology Division)
Ikatlo	PCMC Mula Nuon Hanggang Ngayon	Marjorie Grace M. Apigo, MD (GPSD/OSM)
Ikaapat	Lingkod Bayani	Lawrence Nicole P. Narvadez (Pathology Division)
Ikalima	Tanglaw ng Kabataan sa Pagbabago	Ian Armil A. Pelovello (Rehabilitation Medicine Division)



PCMC Executive Director Dr. Sonia B. Gonzalez, Deputy Executive Director for Education, Training and Research Services Dr. Mary Ann C. Bunyi, and Special Events Chair Mr. Ronnel P. Dimaala announce the winners of the contest.



On 10 August 1979, the then President Ferdinand E. Marcos signed the Presidential Decree No. 1631, creating the Lungsod ng Kabataan, now known as the Philippine Children's Medical Center.

IISANG LABAN PARA SA KALUSUGAN NG KABATAAN

Ni Meril M. Pangilinan, Nurse II, Nursing Service

PCMC bilang isang institusyon
Ay hinubog na ng lumipas na taon
Nalagpasan bawat pagsubok at hamon
Sa larangang medikal nagbigay dunong

Sa kabila nito, unos ay dumating
Inilaban ang sinumpaang tungkulin
Nagbuklod, nagkaisa bilang pamilya
Hindi nagpatinag sa isang pandemya

Patuloy ang walang humpay na serbisyo
Di alintana panganib, sakripisyo
Nagsilbi ng may ngiti sa mga labi
Dedikasyong walang palit na salapi

Pangunang layunin sakit ay maibsan
Magbigay tulong sa lahat ng paraan
Malasakit, aruga at pagmamahal
Titindig PCMC sa bagong normal

Increasing Asthma Awareness with a fun-filled 2022 Asthma Camp

By Maria Leah C. Rivera MD, FPPS, DPAPP | Pediatric Pulmonologist

After two years into the pandemic, the Section of Pulmonary Medicine of the Philippine Children's Medical Center (PCMC) was finally able to resume the much-awaited Asthma Camp last August 2, 2022, which was held at the PCMC Function Hall of this medical center.

A fun-filled morning that gathered patients, their parents, and the PCMC Pulmonary Medicine staff—conducted this year's Asthma Camp with the theme "Ayos Ka Lungs!" which aimed to increase awareness of the diagnosis and management of asthma through interactive lectures, games, and activities.

Asthma is the most common chronic airway disease in children.

Most asthma-related deaths occur in lower to middle-income countries like the Philippines, where underdiagnosis and undertreatment continue to be a challenge.

The Head of the Section of Pulmonology, Dr. Emily Resurreccion, inspired the participants with her opening remarks. Dr. Christian Anne Dauz and Dr. Joie Flores, Pulmonology Fellows, shared their knowledge by giving lectures on asthma while the demonstrations on the use of nebulizers and inhaler devices were given by Rigmor Dygico, RRT, and Janreb Adriano, RRT, and the closing remarks delivered by the writer herself.

The Asthma Camp shared practical lessons on identifying the signs and symptoms of an asthma attack, as well as the proper use of nebulizers and different inhaler devices. After the lectures, eligible patients were also offered a free spirometry exam.

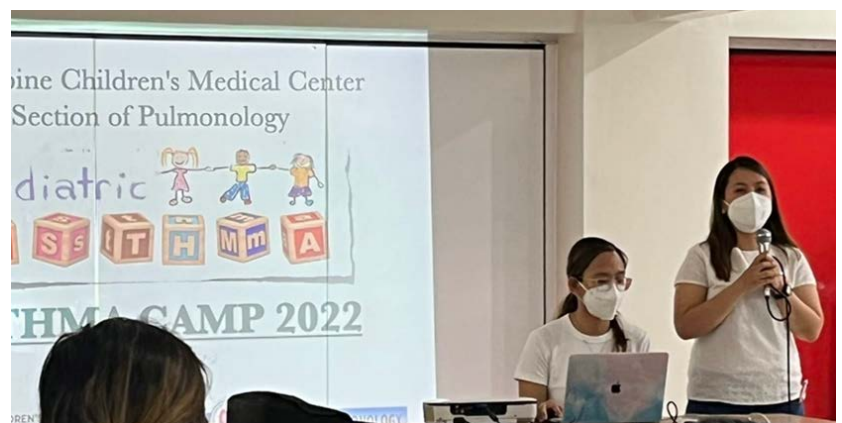


Section of Pulmonology(L-R): Rigmor Dygico,RRT, Dr.Nina Danao, Dr. Christian Dauz, Dr. Apple Mandanas, Dr. Josy Naty Fano, Dr. Emily Resurreccion, Dr. Arnel Jiao, Dr. Therese Leopando, Dr. Leah Rivera, Dr. Joie Flores, Dr. Jenni Dimacali and Janreb Adriano, RRT



Opening Remarks by Dr. Emily Resurreccion, Head Section of Pulmonology

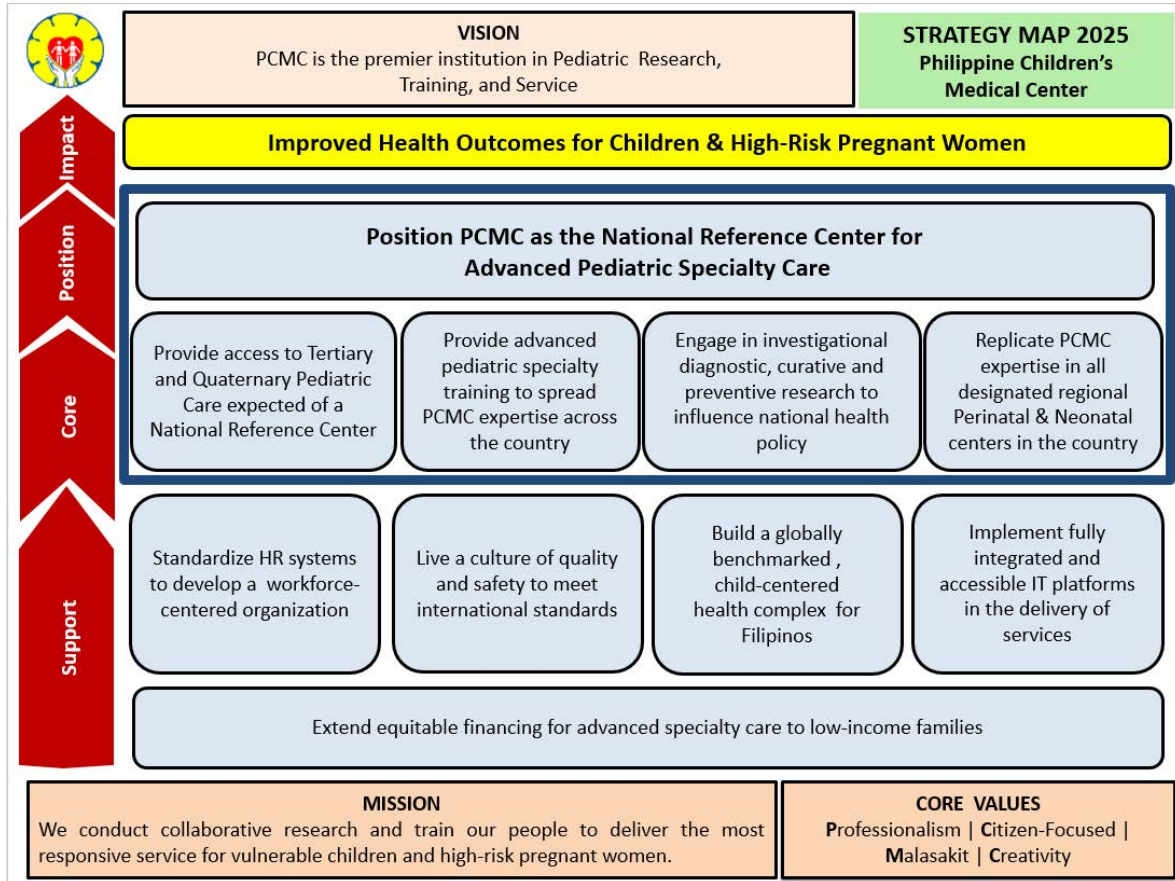
A warm and heartfelt event with informative lessons, snacks, raffle prizes, loot bags, and free consultations for this year's Asthma Camp was a great success and felt like a reunion between PCMC and its beloved patients and parents.



Lecture on asthma by Dr Christian Anne Dauz and Dr Joie Flores Pulmonology Fellows

PCMC Strategy Map 2025: Transforming For A Greater Reason

By Marjorie Grace M. Apigo, MD | Assistant Head, Office of Strategy Management



The Philippine Children's Medical Center Road to Excellence

They always say that in life, it is not about the destination but rather the journey that matters more. As much as I would want to agree, I think there is so much more into it, like a greater reason to make one's destination worth pursuing, a stronger driving force to make one get up and take on with the journey and a compelling purpose to motivate others to go unitedly beyond any challenge.

PCMC's innate desire to always break away from its comfort zone as a children's hospital, led us to aspire in delivering breakthrough performances, hence, the creation of the PCMC Strategy Map 2025. The map is aligned with the goal of the Universal Health Care Act of providing people equitable access to quality health services without facing financial difficulties.

Our institution, guided by its Vision, Mission and Core Values, is positioning itself as the National Reference Center for Advanced Pediatric Specialty Care. We aim to attain its impact in improving the health outcomes of children and high-risk pregnant women through the provision of access to Tertiary and Quaternary Care, providing advanced training to spread PCMC expertise across the country, engaging in research that influence national policy and replicating regional Perinatal and Neonatal centers in the country. The processes that will support the strategic position of PCMC include the provision of equitable financing for children needing advanced specialty care, standardizing its human resource for a strategy-focused and workforce-centered organization, living a culture of quality and safety at par with international standards, and building globally benchmarked child-centered infrastructures with integrated information technology systems.

As PCMC takes on its journey of transformation, I could not help myself but admire the noblest reason why PCMC bravely threads such a challenging path -- all of these are for the benefit of the children. This is the reason which makes PCMC's destination worth pursuing, and serving as the driving force to carry on with this interesting journey. The children will always be the compelling purpose that will motivate PCMC to proceed towards its strategic direction of excellence.

Tara't Magbayanihan, TB ay Tuldukan

PCMC celebrates National Tuberculosis Day

By Liezl T. Malabanan, MD | NTP- Medical Coordinator

Every 19th of August, the Philippine Children's Medical Center (PCMC) joins the nation in celebrating "National Tuberculosis Day". This year, in celebration this special day, the Department of Health called each one of us to work together and unite to achieve a TB free country. To answer this call, the PCMC Tuberculosis Directly Observed Therapy (TB-DOTS) Clinic conducted activities last August 2022.

An advertisement of the free TB Screening Services by the TB Clinic was provided online and was uploaded in the official website and Facebook page of the hospital. The online poster contained information about the common symptoms of TB in children. The TB screening services were also emphasized to be free of charge.

The goal of the advertisement of the free services by the clinic is to encourage patients and their families to seek consultation earlier for TB screening, diagnosis and treatment, which otherwise can be hindered if they have financial constraints.

In this way, PCMC can provide optimal care to patients without giving their families additional burden. The PCMC TB DOTS clinic were able to provide free services to 264 patients who were eventually diagnosed with tuberculosis and were managed accordingly while the rest were provided with TB education and counselling.

A "TB Awareness Forum" was conducted last August 26, 2022 in the hospital lobby. A video was played while some of TB Clinic's patients and their parents were waiting to be examined in the Back-to-School (BTS) program of the Section of Adolescent Medicine. The goal of this activity is to provide useful information about TB so that they can be aware of its cause, symptoms and when to seek consultation. The video that was played was narrated in Filipino so that it will be easier for the audience to understand. Questions from the audience were answered after. The patients and their parents were also referred to the PCMC TB DOTS Clinic to avail of the free TB screening services.



TB Awareness Forum in the Hospital Lobby

Healthy Pilipinas
National
TUBERCULOSIS DAY
Agosto 19, 2022

LABANAN NATIN ANG TB!

MGA SINTOMAS NG TB SA BATA:

- Inuubo ng 2 linggo o higit pa
- Nilalagat ng 2 linggo o higit pa
- Hindi maipaliwanag na pagbaba ng timbang o hindi tumataas ang timbang

MAKIPAG-UGNAYAN SA PCMC TB DOTS CLINIC PARA SA KARAGDAGANG IMPORMASYON AT LIBRENG SERBISYO PARA SA PAGSUSURI SA SAKIT NA TB SA MGA BATA.

02-8588-9900 local 218 The Philippine Children's Medical Center

The goal of a "TB-free Philippines" may still be far from reality, but the TB DOTS Clinic of the hospital will stay committed in continuing its mission to help eradicate this disease. And just as the campaign asked us, PCMC will continue to work together to truly end tuberculosis.

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